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## Printable brain teaser worksheets for adults

Keep up with the latest daily buzz with the BuzzFeed Daily newsletter! Our editors independently research, test and recommend the best products; You can learn more about our review process here. We may receive a commission on purchases made from our preferred link. Alistair Berg/Getty Images Best Canvas Preparation Our Top Picks: Canvas Stretching & Canvas Priming from Hunter College Lanfranco guides you through the ingredients you need to prepare, including rulers, scissors and stretchers or sieve bars. Best Acrylic Technique: Will Kemp Art School Along with various videos on proper color mixing, Will also set you up with a series of painting tutorials. Best Watercolors for Beginners: Beginner Watercolors at Udem Created by Nicola A. Blakemore, this course includes four hours of on-demand video, and you can even access course materials on your TV. Best History: In the Studio: Your Museum of Modern Art's (MoMA) Post-war Abstract Paintings will be given a reading to provide context to the larger cultural, intellectual and historical events that make up this artist. Best Oil Painting: Oil Painting for Beginners by Florent Farges Arts According to its channels, Farges follows the teachings of the 19th-century atelier method. Best Paint Mixing: Color Theory & Mixing by Jeanette Jobson This is a jammed course in the nuances of a process that will surely make you successful. Best Introduction to Gouache: Gouache 101 by Minnie Small This tutorial explores not only what it is and how you should use it, but also which brushes and papers are best suited for media. Before starting a new painting project, the first step is to properly prepare your canvas. Instructor Katerina Lanfranco, who teaches painting at Hunter College in New York City, has uploaded two free videos to her YouTube channel (including Canvas Stretching and Canvas Priming) to successfully establish the foundation of your painting. Both tutorials are really about best practices for producing an effective canvas. Lanfranco guides you through the materials you need to prepare, including rulers, scissors, and stretchers or sieve bars, and clearly guides you through the process of cutting your canvas correctly and attaching it to the bar. Next priming: using gesso will create a flexible surface that accepts paint well and allows you to spread it more effectively. Lanfranco outlines materials for the process, including gesso, gesso brushes, and sandpaper (for sand on the surface after each coat, so that the canvas is smooth and ready to be painted)—and takes you through step by step with easy-to-follow instructions. At the end of the course, you will have the canvas ready to paint. Interested in trying or working to improve your acrylic painting skills? On his YouTube channel, Will Kemp wrote and made his own video about classic painting techniques, with a concentration on the use of acrylic paint. Are you just out or have a more ambitious project in mind, Will's video will show a variety of strategies for the media. Start with simple basic building blocks, including properly cleaning your acrylic paint brush, choosing your acrylic brush, applying acrylic-colored excuses, and color mixing basics. Along with various videos about proper color mixing, Will will also organize you with a series of painting tutorials — from beginners to more advanced skill sets. Learn the basics of silent life painting with the multi-part Beginner Silent Life Technique, gain knowledge of light and shade techniques, and try your hand at acrylic landscape painting, palette knife techniques, portraits, sky paintings, silent life flowers, and even paintings in the style of Claude Monet. And the best part: Everything is free. Watercolors have a reputation as a difficult painting discipline. This Beginner Watercolor course at Udem will build confidence for new painters, giving you the tools to master the basics and lead with a fun approach to media. All you need to start is a box of watercolor paint, one round paint brush, watercolor paper, black ink or a felt tip pen, pencil, eraser, wax candles or clear or white crayons, and two jars for water. Created by Nicola A. Blakemore, the course (about \$100) includes four hours of video on demand, and you can even access the course material on your TV or mobile phone. The purpose of this class is simple — to teach you how watercolors work with water and how to make effective use of them. Blakemore class will guide you to understand the principle of color washing, how the same color can create shapes and shadows, how you can create highlights and shadows with watercolors, and how to dye your paint correctly. Founded in 1929, the Museum of Modern Art (MoMA) features some of the most famous modern paintings in the world. While visitors have been queuing up to see Vincent Van Gogh's The Starry Night or works by Jackson Pollock and Willem de Kooning, the museum now has online programming that you can access at home. Although MoMA offers a variety of free online courses exploring a variety of artistic disciplines, In the Studio: Postwar Abstract Painting focuses on the materials, techniques, and conceptual processes of seven New York School artists: de Kooning, Pollock, Yayoi Kusama, Agnes Martin, Barnett Newman, Ad Reinhardt, and Mark Rothko. The course is free of charge set so you can work at your own pace and on your own schedule. Your instructor will guide you through studio demonstrations and gallery guides, and will assign readings to provide context to the larger cultural, intellectual, and historical events that shaped this post-World War II artist. The class also includes a variety of optional studio exercises, which will need art supplies. This will hopefully provide inspiration for your own abstract paintings. Interested in a foray into the style that created Leonardo da Vinci's Mona Lisa and Pablo Picasso's Les Femmes d'Alger (O.J. and Company)? Painting oils use pigments with dryer oils as binders, such as ore or poppyseed oil. If you're a beginner, French artist Florent Farges has a variety of video tutorials on his YouTube channel that will help you get the ball rolling with your oil painting instructions. Farges followed the teachings of the atelier method from the 19th century. The best place to start is Oil Painting for Beginners, which is free. Here, Florent strives for simplicity. All the questions you might think of, such as Why use oil paint?, Are oil paints more complicated?, and Are oil paints more toxic? discussed here, as well as painting demonstrations step by step. Once you're comfortable with the basics, there are more tutorials you can choose from, including specific videos about the drying time of oil paintings, pigments and palettes, settings for plein air paintings, and of course — tips to improve your oil painting game. Understanding color theory is an important skill for any artist. Not only does it explain the relationship between colors, but it is also the key to understanding their combinations. When it comes to painting, color theory and paint mixing go hand in hand. While there are a plethora of scholarships available on the subject of color theory itself (see Josef Albers's basic Color Interactions), getting directly with your paint in the studio in your home will also open your eyes to how it works on canvas. Color Theory & Video; Mixing – The Basics free Jeanette Jobson is a great introduction to mixing, using a separate primer palette. This palette uses two shades of each primary color (red, yellow, and blue)—with one warm color and one cool color. Jobson clearly explains many terms related to color and mixing — including color bias. He guides you through what exactly it means and how each color of paint describes it — with an assortment of colors in his palette. Jobson then begins his mixing demonstration: the course crashes in the nuances of a process that will surely make you successful. Gouache is a water-based medium with a heavier pigment load than watercolors, and is thus designed to be more opaque. In this video, artist Minnie Small breaks down the basics of gouache. This tutorial explores not only what it is and how you should use it, but also which brushes and papers are best suited for media. If you have experience with watercolors, gouache may be the next painting style you want to play. As Small explains in the free video, many of the tools you will use for watercolors, such as brush types, will also work for gouache. Minnie describes the various opacity of the paint, as well as the various its benefits — including a velvet matte finish, a fast drying time, and the fact that it can be reactivated with water after drying. So, if you want to continue working on that part of the painting so, you can easily. In choosing the best online painting class, several factors began to play out. First, painting is a medium with a wide variety of styles. Our goal is to represent as many of them as possible, whether it's oil paintings, watercolors, gouache, or acrylic. In addition, we aim to choose technical classes that will make you successful in your painting journey — such as how to stretch and prime your canvas or the basics of color mixing, which distinguishes themselves as important educational building blocks. Finally, approach is key. All classes on this list are tutorials led by artists or instructors who clearly know their stuff and are able to communicate the intricacies of their media in a clear, concise and intuitive way for you at home. Home.